



Project Recovery

Public Relations

PRESS RELEASE

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For Immediate Release

December 9, 2005

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**PROJECT RECOVERY OFFERS FREE SERVICES TO THOSE
AFFECTED BY HURRICANE KATRINA**

:30 PSA

For many Mississippians, Hurricane Katrina resulted in loss - loss of relatives or friends, or loss of home and important belongings. Some are having to start all over again. The emotional effects of these losses may have shown up immediately or they may appear many months later. You may feel irritable or confused or you may suffer from headaches or insomnia. All these reactions are normal and usually pass quickly. But if these problems persist, call Project Recovery 1-866-856-3227 for help in coping with the disaster. The number again: 1-866-856-3227.

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